Sports Fans

For those who love sports, this itinerary will take you to some of the best venues in town to tour, explore, and experience.
Day 1

9:00 AM    Arrive at the Ballston Metro station
9:15 AM    Walk to Kettler Capitals Iceplex
10:30 AM   Take Metro to the Navy Yard station
11:00 AM   Tour Nationals Park baseball stadium
12:30 PM   Lunch at Chop’t
1:00 PM    Hop back on the Metro and go to the Stadium/Armory station
1:15 PM    RFK Stadium & DC Armory
3:30 PM    Take Metro to Gallery Place-Chinatown station
4:00 PM    Visit The Capital One Arena (formerly the Verizon Center)
7:00 PM    Dinner in Chinatown
7:00 PM    Oyamel - Oyamel
7:00 PM    Zaytinya - Zaytinya
DAY 1

9:00 AM
Arrive at the Ballston Metro station

9:15 AM
Walk to Kettler Capitals Iceplex
Watch a free Washington Capitals hockey practice, or venture onto the ice yourself! Check the website for the day's schedule. 627 N Glebe Rd, Arlington, VA 22203
http://www.kettlercapitalsiceplex.com

10:30 AM
Take Metro to the Navy Yard station

11:00 AM
Tour Nationals Park baseball stadium

PRICE
15.00

Schedule permitting, catch a tour of the fantastic stadium, built in 2008. 1500 S. Capitol St. SE, Southwest D.C., Washington, DC, 20003
Lunch at Chop't
Grab a quick build-your-own salad or wrap at Chop't conveniently located between the Metro station and the stadium. 1257 First St SE, Washington, DC 20003
choptsalad.com

Hop back on the Metro and go to the Stadium/Armory station
Arrive at RFK Stadium

RFK Stadium & DC Armory
Schedules permitting, see what's happening at RFK Stadium (home of the DC United soccer team) and the DC Armory. The grounds also feature a skate park for public use, as well as fairgrounds. Check schedules here:

An alternative part of your day could be to check out the athletic events on some of the nearby college campuses:
The University of Maryland (College Park-U of MD Metro station)
Take Metro to Gallery Place-Chinatown station

Visit The Capital One Arena (formerly the Verizon Center)
Visit the home of the Washington Capitals (NHL), Washington Wizards (NBA), Washington Mystics (WNBA), and Georgetown Hoyas, as well as the venue for spectacular concerts and performances. Check the website for current information on schedules and ticket availability. 601 F St NW, Washington, DC 20004
https://verizoncenter.monumentalsportsnetwork.com/events
Dinner in Chinatown
There are a TON of fabulous restaurants in the Chinatown area. The option reach far beyond Chinese food, though there's that, too! Some of our favorites are Oyamel (Mexican) and Zaytinya (Mediterranean tapas)

Oyamel
401 7th St NW, Washington, DC, US, 20004
(202) 628-1005

Zaytinya
701 9th St NW, Washington, DC, US, 20001
(202) 638-0800